Mind the Facts

Nurses must become active in protecting science and evidence-based decision making.

As health care professionals, we need to be able to rely with confidence on the evidence we teach students and families, we use to build on others’ research, and which we base our practice. We need to be able to trust that what we read is true and unbiased. We all need to be critical consumers of information—to read between the lines and to know who sponsors or produces the content we read and the information we hear. We must seek the facts behind the rhetoric. While there certainly are alternative viewpoints and interpretations, there are no “alternative facts.”